

WHY BECOME A MEMBER?

WHAT LEVEL?

Sat Yoga is both a residential and online wisdom school. For those who do not have the good fortune of being able to live in the ashram, our online school—centered in the Members' Section of this website—offers a direct path to liberation from all suffering, and conscious abidance in eternal bliss.

Our anguish, anxiety, depression, and dissatisfaction result from our consciousness mis-identifying with a character—a body-mind—traversing time and space in the unfolding holographic matrix, rather than realizing that one's deepest sense of Being is in fact the transcendent Infinite Intelligence beyond the world of thought and sensory perception. This Supreme Reality is known variously as God, Buddha Mind, Brahman, or the Inconceivable. But the truest name of God is I.

By joining our esoteric wisdom school, one becomes transformed simply through the act of listening closely to the teachings given in our videos and essays, and by attending live the ever more profound transmissions of divine Truth in Satsangs, seminars, and retreats. This non-ordinary information will inevitably bring about an internal paradigm shift that will move the locus of consciousness from body ego to soul.

Those who are still of the belief that they are only mortal bodies with limited minds may have doubts about whether it is really possible to attain God-consciousness, or if that is just another illusion. Nor can those in such a veiled mental state know if Sat Yoga is really a path to transcendence that they can use to attain even gradual awakening, let alone sudden illumination and freedom from all bondages.

If you are in that category, then we recommend that you join the **Gyani** section and get your intellectual feet wet, until you know that it is worth diving more deeply into this unique dispensation of redemptive knowledge. You may also want to read the books we have published and take the video course of initiation into the re-conceptualization of reality that will open your heart and mind to the all-encompassing Presence within which we all dwell, and which dwells within the hearts of all.

Once your kundalini energy has been raised to a higher frequency, in which you perceive reality from the eyes of the soul, rather than those of the body, you may want to receive a higher dose of wisdom by joining the **Vigyani** level, and become even more saturated in the energy field produced by internalization of these gnostic insights, to the point that the upper death drive is activated, and your kundalini can ascend through ego death to the highest chakra without obstruction.

Those who are really on fire with yearning for the grace of complete union with both the source of Shakti and the Absolute Self beyond both Being and Nothingness may be drawn to participate at the highest tier of membership in our spiritual finishing school, the **Pragyani** level.

Joining this elite group of those most committed to Self-realization and graduation from the realm of karma will enable you to imbibe the maximal amount of wisdom, all the fresh teachings that continue to pour out from the fountain of divine grace and transmitted through Shunyamurti.

You will also be able to speak with our teacher directly in special darshan sessions on zoom, attendance at all our livestreamed and zoomed surprise Satsangs, cultural events, and classes, and receive first all new messages to be disseminated. Pragyani can also send written confidential questions to Shunyamurti and receive personal written responses.

Whichever category of membership you are drawn to, we are confident that if you sincerely study and reflect on these teachings, and also regularly practice deep meditation, extending the time you are able to stay free of thought, in inner silence, focused on your inmost Essence, your consciousness will soon open to its infinite and eternal nature.

Your contribution also fulfills the core principle of all spiritual paths, known as Dana, or charitable offerings. We depend entirely on your generosity to sustain our spiritual mission.

Your donations allow us to publish more books and videos, to improve our website, and to continue to expand our offerings. Thanks to your help, we are able to provide

online retreat scholarships to those in need, as well as free and low-fee individual counseling, and to host a few dedicated volunteers at the ashram.

We wish you blessings for the joyous unfoldment of the revelation of your luminous vastness and incomparable beauty as the Self of All.

Namaste,

From the Director of Yogic Research at the Sat Yoga Institute